

IDEAS FESTIVAL

# WHAT IF?

HEALTH & LONGEVITY

## THE WORLD EMBRACED THE MYSTERIES OF THE MIND

FEATURING

MENTAL HEALTH EXPERT

**Dr. Christine Montross**

**7 P.M., FEBRUARY 12**

**Stewart Center's Fowler Hall**

All events are free and open to the public



Dr. Christine Montross, an award-winning writer, physician and distinguished psychiatry professor at Brown University, will discuss the mysteries of the mind and mental health, drawing from her 2013 book, "Falling into the Fire: A Psychiatrist's Encounters with the Mind in Crisis."

Sharon Solwitz and Donald Platt, both professors in Purdue's creative writing program, also will deliver readings of mental health-related poetry and fiction.

### Related events:

**Feb. 11 — "The Sunset Limited,"** 7 p.m., Purdue Memorial Union Commons. Cormac McCarthy play will be performed by William Caise, assistant director of the Black Cultural Center, and Richard Stockton Rand, professor and coordinator of Undergraduate Theatre Studies.

**Feb. 13 — "How to Spot and Help Someone with Mental Health Issues,"** 2:30-4:20 p.m., Wilmeth Active Learning Center, Room 3127. Workshop will be led by Brigitte Mariner, business-focused health and well-being consultant at professional services firm PwC.

### SPONSORS

Black Cultural Center / Department of English  
Department of History / Department of Psychological Sciences  
Indiana University School of Medicine-West Lafayette  
Medical Humanities Program in the Purdue College of Liberal Arts  
Office of the Provost  
Patti and Rusty Rueff School of Design, Art, and Performance  
Purdue Counseling & Psychological Services (CAPS)

**PURDUE**  
UNIVERSITY

**150**  
YEARS  
OF  
GIANTLEAPS